

Referring a young person to Care First Services is an easy process. You can contact us through any of the details listed below or by completing the online form available on our website. Care First Services endeavour to provide you with a quick response and

South London & Home Counties

an excellent service.

01234 245 922

Midlands & North

0121 551 0973

www.carefirstservices.com















Villa Cross Pointé 243 Lozells Road Birmingham B19 1RJ

Tel: 0121 551 0973 Fax: 0121 551 1056

# BEDFORD OFFICE

Tel: 01234 245 922

Fax: 01234 211 919





## **ABOUT CARE FIRST SERVICES**

Care First Services is an experienced approved local authority provider of housing and support for young people in care between the ages of 16 to 24.

Our aim is to reduce youth homelessness and support young people to gain independent living skills in order to become self-sufficient in their local community.

## **OUR SERVICES**

We provide housing

and support for looked after young people across the UK.
Young people in our care will be supported to maximise their potential through a one to one personalised assistance programme. Our support and hour

personalised assistance programme. Our support and housing program offers a three tier system starting from a 24/7unit and progressing to a single occupancy in the community.



### ACCOMMODATION AND SUPPORT OPTIONS



#### SHARED SUPPORTED ACCOMMODATION

Offers support and accommodation 24 hours a day 7 days a week, support and care provided by staff working on site. As well as caring for young people on a long term bases our units offer emergency housing at a competitive rate.

#### SINGLE OCCUPANCY WITH FLOATING SUPPORT

A property will be sourced and fully furnished in a pre-defined area. Each young person will be allocated an outreach support worker and receive support weekly.

#### **OTHER SUPPORT OPTIONS**

- Floating support only

#### CARE FIRST SERVICES BESPOKE PROJECTS

We are experienced in the design and development of specialised projects tailored to needs of young people in all localities. These projects provide alternative ways to accommodate and support young people with complex needs such as:

- CHALLENGING BEHAVIOUR.
- SEXUALISED BEHAVIOUR.
- SCHEDULE ONE OFFENDERS.
- TEENAGE PREGNANCY / PARENTING SKILLS.
- DRUG AND SUBSTANCE ABUSE.

#### **OUTCOMES**

As a youth organisation we have a high level of success rate in working with young people during their transition to adulthood. During their stay with us a number of people have made significant changes in their life.

- An understanding of life in the community
- Self-care and housekeeping
- How to stay away from crime
- Behaviour management
- Emotional stability
- Engagement with education / training or employment
- Improved self esteem
- A genuine independent living experience and assisted transition to adulthood
- Ability to work in partnership with professionals in order to develop and improve life skills
- Housing Application and benefits.

